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## Appendiks A

Årsaker til ekskludering av behandlingsstudier (individualterapi) basert på studiens tittel

| Poforance     | Tittal                 | Pohandling    |         | sklusjonsgrunn  |  |
|---------------|------------------------|---------------|---------|-----------------|--|
| Referanse     | Tittel                 | Behandling    | Setting | Subgruppe Annet |  |
| Vitriol, 2009 | Evaluation of an       |               |         | Women with      |  |
|               | outpatient             |               |         | trauma          |  |
|               | intervention for       |               |         |                 |  |
|               | women with severe      |               |         |                 |  |
|               | depression and a       |               |         |                 |  |
|               | history of childhood   |               |         |                 |  |
| <b>T</b> II   | trauma                 |               |         |                 |  |
| Talbot, 2011  | A randomized           |               |         | Women with      |  |
|               | effectiveness trial of |               |         | sexual abuse    |  |
|               | interpersonal          |               |         |                 |  |
|               | psychotherapy for      |               |         |                 |  |
|               | depressed women        |               |         |                 |  |
|               | with sexual abuse      |               |         |                 |  |
|               | histories              |               |         |                 |  |
| Raue, 2019    | Lay-delivered          | Lay-delivered |         | Senior center   |  |
|               | behavioral             |               |         |                 |  |
|               | activation for         |               |         |                 |  |
|               | depressed senior       |               |         |                 |  |
|               | center clients: Pilot  |               |         |                 |  |
|               | RCT                    |               |         |                 |  |
| Propst, 1992  | Comparative            |               |         | Religious       |  |
|               | efficacy of religious  |               |         |                 |  |
|               | and nonreligious       |               |         |                 |  |
|               | cognitive-behavioral   |               |         |                 |  |
|               | therapy for the        |               |         |                 |  |
|               | treatment of clinical  |               |         |                 |  |
|               | depression in          |               |         |                 |  |
|               | religious individuals  |               |         |                 |  |
| Power-        | A randomized           |               | Primary |                 |  |
| Michael,      | controlled trial of    |               | care    |                 |  |
| 2012          | IPT versus CBT in      |               |         |                 |  |
|               | primary care: With     |               |         |                 |  |
|               | some cautionary        |               |         |                 |  |
|               | notes about            |               |         |                 |  |
|               | handling missing       |               |         |                 |  |
|               | values in clinical     |               |         |                 |  |
|               | trials.                |               |         |                 |  |
| Schulberg,    | Treating major         |               | Primary |                 |  |
| 1996          | depression in          |               | care    |                 |  |
|               | ,<br>primary care      |               |         |                 |  |
|               | practice. Eight-       |               |         |                 |  |
|               | month clinical         |               |         |                 |  |
|               | outcomes               |               |         |                 |  |
| Scott, 1992   | Edinburgh primary      |               | Primary |                 |  |
|               | care depression        |               | care    |                 |  |
|               | study: treatment       |               | cure    |                 |  |
|               | stady. a cathent       |               |         |                 |  |

| Martin,<br>2015 | therapy for                           | in grane     |
|-----------------|---------------------------------------|--------------|
| Martin,         | Cognitive Denavior                    | 141granie    |
|                 | Cognitive behavior                    | Migraine     |
|                 | depressive disorders                  |              |
|                 | condition in minor                    |              |
|                 | with waiting list                     |              |
|                 | supportive therapy                    |              |
|                 | comparing brief<br>dynamic and        |              |
|                 | controlled trial                      | depressive   |
| Maina, 2005     | Randomized                            | Minor        |
| Maine 2005      | adults                                | Minor        |
|                 | depressed older                       |              |
|                 | bibliotherapy for                     |              |
|                 | psychotherapy and                     |              |
|                 | individual                            |              |
|                 | comparison of                         |              |
|                 | for depression: a                     |              |
| Floyd, 2004     | Cognitive therapy                     | Older adults |
|                 | controlled trial                      |              |
|                 | a randomized,                         |              |
|                 | Parkinson's disease:                  |              |
|                 | depression in                         |              |
| 2011            | therapy for                           |              |
| Dobkin,         | Cognitive-behavioral                  | Parkinson    |
|                 | maternal mood                         |              |
|                 | I. Impact on                          |              |
|                 | partum depression.                    |              |
|                 | treatment of post-                    |              |
|                 | psychological                         |              |
|                 | term effect of                        |              |
| 2003            | the short- and long-                  |              |
| Cooper,         | Controlled trial of                   | Post-partum  |
| <b>C</b>        | depression                            |              |
|                 | postpartum                            |              |
|                 | psychotherapy for                     |              |
| 2000            | interpersonal                         |              |
| о нага,<br>2000 | -                                     | Postpartum   |
| O'Hara,         | Efficacy of                           | Dostnartum   |
|                 | York City sites                       |              |
|                 | women at 3 New                        |              |
|                 | depressed pregnant                    |              |
|                 | psychotherapy for                     |              |
| 2013            | interpersonal                         | women        |
| 2013            | treatment trial of                    | women        |
| Spinelli,       | A controlled clinical                 | Pregnant     |
|                 | pregnant women                        |              |
|                 | for depressed                         |              |
|                 | education program                     |              |
|                 | versus parenting                      |              |
| 2000            | psychotherapy                         | women        |
| 2003            | trial of interpersonal                | women        |
| Spinelli,       | Controlled clinical                   | Pregnant     |
|                 | cost after 16 weeks                   |              |
|                 | outcome, patient<br>satisfaction, and |              |
|                 |                                       |              |

|                      | headache and major<br>depressive disorder:<br>An exploratory<br>randomized<br>controlled trial  |         |                                  |  |
|----------------------|---|---------|----------------------------------|--|
| Mossey,<br>1996      | Effectiveness of a<br>psychosocial<br>intervention,<br>interpersonal<br>counseling, for<br>subdysthymic<br>depression in<br>medically ill elderly   |         | Medically ill<br>elderly         |  |
| Beach, 1992          | Treating depression<br>in the context of<br>marital discord:<br>Outcome and<br>predictors of<br>response of marital<br>therapy versus<br>cognitive therapy  |         | Marital<br>discord               |  |
| Alexopoulos,<br>2016 | Clinical Case<br>Management versus<br>Case Management<br>with Problem-<br>Solving Therapy in<br>Low-Income,<br>Disabled Elders with<br>Major Depression: A<br>Randomized Clinical<br>Trial              |         | Low-income<br>disabled<br>elders |  |
| Beeber,<br>2010      | Short-term in-home<br>intervention reduces<br>depressive<br>symptoms in Early<br>Head Start Latina<br>mothers of infants<br>and toddlers  | In-home | Latina<br>mothers                |  |
| Hassiotis,<br>2013   | Manualised<br>Individual Cognitive<br>Behavioural Therapy<br>for mood disorders<br>in people with mild<br>to moderate<br>intellectual<br>disability: A<br>feasibility<br>randomised<br>controlled trial |         | Intellectual<br>disability       |  |
| Simoni,<br>2013      | A preliminary RCT of<br>CBT-AD for<br>adherence and<br>depression among<br>HIV-positive Latinos<br>on the U.SMexico   |         | HIV                              |  |

|              | border: the Nuevo                 |     |        |               |
|--------------|-----------------------------------|-----|--------|---------------|
|              | Dia study                         |     |        |               |
| Safren, 2009 | A randomized                      |     |        | HIV           |
|              | controlled trial of               |     |        |               |
|              | cognitive behavioral              |     |        |               |
|              | therapy for                       |     |        |               |
|              | adherence and                     |     |        |               |
|              | depression (CBT-AD)               |     |        |               |
|              | in HIV-infected                   |     |        |               |
|              | individuals                       |     |        |               |
| Safren, 2016 | Cognitive                         |     |        | HIV           |
|              | behavioural therapy               |     |        |               |
|              | for adherence and                 |     |        |               |
|              | depression in                     |     |        |               |
|              | patients with HIV: a              |     |        |               |
|              | three-arm                         |     |        |               |
|              | randomised                        |     |        |               |
|              | controlled trial                  |     |        |               |
| Freedland,   | Cognitive behavior                |     |        | Heart failure |
| 2015         | therapy for                       |     |        |               |
|              | depression and self-              |     |        |               |
|              | care in heart failure             |     |        |               |
|              | patients: a                       |     |        |               |
|              | randomized clinical               |     |        |               |
|              | trial                             |     |        |               |
| De Groot,    | Program ACTIVE II:                |     |        | Diabetes      |
| 2019         | Outcomes from a                   |     |        | Diabetes      |
| 2019         | randomized,                       |     |        |               |
|              | multistate                        |     |        |               |
|              |                                   |     |        |               |
|              | community-based                   |     |        |               |
|              | depression<br>treatment for rural |     |        |               |
|              | and urban adults                  |     |        |               |
|              |                                   |     |        |               |
|              | with type 2 diabetes              |     |        | Dishataa      |
| Lustman,     | Cognitive behavior                |     |        | Diabetes      |
| 1998         | therapy for                       |     |        |               |
|              | depression in type 2              |     |        |               |
|              | diabetes mellitus. A              |     |        |               |
|              | randomized,                       |     |        |               |
|              | controlled trial                  |     |        |               |
| Onyechi,     | Effects of cognitive              | No  |        | Diabetes      |
| 2016         | behavioral coaching               |     | stern  |               |
|              | on depressive                     | (Ni | geria) |               |
|              | symptoms in a                     |     |        |               |
|              | sample of type 2                  |     |        |               |
|              | diabetic inpatients               |     |        |               |
|              | in Nigeria                        |     |        |               |
| Safren, 2014 | A randomized                      |     |        | Diabetes      |
|              | controlled trial of               |     |        |               |
|              | cognitive behavioral              |     |        |               |
|              | therapy for                       |     |        |               |
|              | adherence and                     |     |        |               |
|              | depression (CBT-AD)               |     |        |               |
|              | in patients with                  |     |        |               |
|              | uncontrolled type 2               |     |        |               |
|              | diabetes                          |     |        |               |
|              |                                   |     |        |               |

| De Groot,<br>2019<br>Freedland,<br>2009 | Program ACTIVE II:<br>Outcomes from a<br>randomized,<br>multistate<br>community-based<br>depression<br>treatment for rural<br>and urban adults<br>with type 2 diabetes<br>Treatment of<br>depression after<br>coronary artery<br>bypass surgery: a<br>randomized<br>controlled trial |                |            | Diabetes       |
|---|--|----------------|------------|----------------|
| Taylor, 2009                            | Does improving<br>mood in depressed<br>patients alter factors<br>that may affect<br>cardiovascular   |                |            | Cardiovascular |
| Strong, 2008                            | disease risk?  |                |            | Cancer         |
| 3001g, 2008                             | Management of<br>depression for  |                |            | Callee         |
|   | people with cancer   |                |            |                |
|   | (SMaRT oncology 1):  |                |            |                |
|   | a randomised trial   |                |            |                |
| Beutel, 2014                            | Efficacy of short-   |                |            | Breast cancer  |
|   | term   |                |            |                |
|   | psychodynamic  |                |            |                |
|   | psychotherapy  |                |            |                |
|   | (STPP) with  |                |            |                |
|   | depressed breast   |                |            |                |
|   | cancer patients:<br>Results of a   |                |            |                |
|   | randomized   |                |            |                |
|   | controlled   |                |            |                |
|   | multicenter trial  |                |            |                |
| Jarrett, 1999                           | Treatment of   |                |            | Atypical       |
| ,                                       | atypical depression  |                |            | depression     |
|   | with cognitive   |                |            |                |
|   | therapy or   |                |            |                |
|   | phenelzine: a  |                |            |                |
|   | double-blind,  |                |            |                |
|   | placebo-controlled   |                |            |                |
| Burns, 2013                             | trial<br>A pilot randomised  |                |            | Antenatal      |
| Durns, 2015                             | controlled trial of  |                |            | Antenatar      |
|   | cognitive  |                |            |                |
|   | behavioural therapy  |                |            |                |
|   | for antenatal  |                |            |                |
|   | depression   |                |            |                |
| Sinniah,                                | Positive effects of  | Adjunctive CBT | Non-       |                |
| 2017                                    | Individual Cognitive   |                | western    |                |
|   | Behavior Therapy   |                | (Malaysia) |                |
|   | for patients with  |                |            |                |
|   | unipolar mood  |                |            |                |

|                   | disorders with<br>suicidal ideation in<br>Malaysia: a<br>randomised<br>controlled trial  |                            |                              |
|-------------------|--|----------------------------|------------------------------|
| Carta, 2012       | Counseling in<br>primary care<br>improves depression<br>and quality of life  |                            | Primary<br>care              |
| Smit, 2006        | Short-term effects of<br>enhanced treatment<br>for depression in<br>primary care: results<br>from a randomized<br>controlled trial   |                            | Primary<br>care              |
| Teasdale,<br>1984 | Cognitive therapy<br>for major depressive<br>disorder in primary<br>care   |                            | Primary<br>care              |
| Не, 2019          | Effect of Cognitive<br>Behavioral Therapy<br>on Improving the<br>Cognitive Function<br>in Major and Minor<br>Depression  |                            | Non-<br>western<br>(Chinese) |
| Zu, 2014          | A comparison of<br>cognitive-behavioral<br>therapy,<br>antidepressants,<br>their combination<br>and standard<br>treatment for<br>Chinese patients<br>with moderate<br>severe major<br>depressive disorders |                            | Non-<br>western<br>(Chinese) |
| Fuhr, 2019        | Delivering the<br>Thinking Healthy<br>Programme for<br>perinatal depression<br>through peers: An<br>individually<br>randomised<br>controlled trial in<br>India   | Thinking healthy programme |                              |
| Nakagawa,<br>2017 | Effectiveness of<br>supplementary<br>cognitive-behavioral<br>therapy for<br>pharmacotherapy-<br>resistant<br>depression: A<br>randomized<br>controlled trial   | Supplementary              |                              |
| Brown, 1984       | A psychoeducational approach to the  | Psychoeducation            |                              |

| Ikke fått tak i    |
|--------------------|
| fulltekst.         |
| Sammendraget       |
| sier ingenting om  |
| behandlingseffekt. |
| 50 år gamle data.  |
| Ikke fått tak i    |
| fulltekst.         |
|                    |
|                    |
| -                  |