

Online-supplement til: Madsø, K. G., Sandven, L. & Nordhus, I. H. (2026). Effekt og tilpasning av psykologisk behandling for angst hos eldre – en paraplyoversikt. *Tidsskrift for Norsk psykologforening*, 63(6). <https://doi.org/10.52734/YHTG8515>

## Tabell S1

### Full søkestrategi

---

Databaser: EMBASE, MedLINE og PsycINFO via plattformen Ovid  
Begrenset til artikler fra de siste fem årene

---

#### Søkestreng:

"old\* adult\*" OR "old\* people\*" OR "psychogeriatr\*" OR "senior\*" OR "elder\*" OR "retire\*" OR "over 65" OR "65 years" OR "aged 65+" OR "old\* individual\*" OR "geriatric\*"

AND

"systematic review\*" OR "meta-analy\*" OR "metaanaly\*" OR "narrative review\*" OR "scoping review\*" OR "critical review\*" OR "integrative review\*" OR "state of the art review\*" OR "Cochrane review\*" OR "comparative effectiveness review\*" OR "prognostic review\*" OR "rapid review\*" OR "evidence synthesis" OR "umbrella review\*" OR "overview of reviews" OR "review of reviews" OR "meta-review" OR metareview

AND

"psychotherap\*" OR "cognitive behavi\*" or "behavi\* therap\*" or "ACT" or "acceptance and commitment therap\*" or mindfulness\* OR "counsel\*" OR "group therap\*" OR "psycho\* therap\*" OR "metacognitive therap\*" OR "meta-cognitive therap\*" OR "MCT" OR "MBCT" OR "cognitive therap\*" OR "acceptance based" OR "mindfulness based" OR "emotion\* focus\*" OR "EFT" OR "unified protocol" OR "stress manag\*" OR "relaxation" OR "life review" OR "psychoeducation" OR "psycho-education" OR "behavio\* activation\*" OR "problem solving therap\*" OR "PST" OR "psychodynamic\*" OR "interpersonal therap\*" OR "DBT" OR "dialectic\* behav\* therap\*"

---

Database: Epistemonikos (inkluderer også Cochrane library)  
Begrenset til søk i tittel og abstract fra de siste fem årene

---

#### Søkestreng:

"old adult" OR "old adults" OR "older adult" OR "older adults" OR "old people" OR "older people" OR psychogeriatr\* OR senior\* OR elder\* OR retire\* OR "over 65" OR "65 years" OR "aged 65+" OR "old individual" OR "old individuals" OR "older individual" OR "older individuals" OR geriatric\*

AND

---

---

"systematic review" OR "meta-analysis" OR "meta analysis" OR "metaanalysis" OR "narrative review" OR "scoping review" OR "critical review" OR "integrative review" OR "state of the art review" OR "Cochrane review" OR "comparative effectiveness review" OR "prognostic review" OR "rapid review" OR "evidence synthesis" OR "umbrella review" OR "overview of reviews" OR "review of reviews" OR "meta-review" OR metareview OR "systematic reviews" OR "meta-analyses" OR "meta analyses" OR "metaanalyses" OR "narrative reviews" OR "scoping reviews" OR "critical reviews" OR "integrative reviews" OR "state of the art reviews" OR "Cochrane reviews" OR "comparative effectiveness reviews" OR "prognostic reviews" OR "rapid reviews" OR "umbrella reviews" OR "meta review"

AND

"psychotherap\*" OR "cognitive behavi\*" or "behavi\* therap\*" or "ACT" or "acceptance and commitment therap\*" or mindfulness\* OR "counsel\*" OR "group therap\*" OR "psycho\* therap\*" OR "metacognitive therap\*" OR "meta-cognitive therap\*" OR "MCT" OR "MBCT" OR "cognitive therap\*" OR "acceptance based" OR "mindfulness based" OR "emotion\* focus\*" OR "EFT" OR "unified protocol" OR "stress manag\*" OR "relaxation" OR "life review" OR "psychoeducation" OR "psycho-education" OR "behavio\* activation\*" OR "problem solving therap\*" OR "PST" OR "psychodynamic\*" OR "interpersonal therap\*" OR "DBT" OR "dialectic\* behav\* therap\*"

---